

INDUSTRY EXPERT ARTICLE

Understanding the Current Heat Stress Initiative and its Impact on the Workforce.

By Darin Dillow – CEO of Sword Performance



For years, employers have told workers to drink water to stay hydrated, and that guidance is well-intentioned and can help, but it doesn't go far enough to fully protect workers from heat stress injuries.

In September 2021, the White House issued a statement that read in part, “New initiatives at OSHA and across agencies will enhance workplace safety, build local resilience, and address disproportionate heat impacts”(White House Press Secretary, 2021). While this statement and further guidance help bring awareness to the current problem, more specific direction and accompanying enforcement activities are needed for these efforts to amount to change.

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SAFETY TIP

SOME WORKERS HANDLE HEAT STRESS BETTER THAN OTHERS

Recognizing that heat intolerance can happen for many reasons.



Some employees might be susceptible to heat-related illnesses as the result of the conditions including*:

- Obesity
- Diabetes
- Blood Pressure
- Medications
- Alcohol
- Heart Disease and more

Ensure your workplace has the proper controls in place to ensure the safety of all workers.

** Other risk factors may also predispose your team to heat-related illnesses.*

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