

**INDUSTRY EXPERT ARTICLE**

# Don't Be Unprepared for Cardiac Emergencies in the Workplace



**Globally, cardiac arrest claims more lives than colorectal cancer, breast cancer, prostate cancer, influenza, pneumonia, auto accidents, HIV, firearms, and house fires combined.**

According to the American Heart Association, each year 475,000 Americans can die from cardiac arrest. Cardiac arrest occurs when the heart stops, and CPR pumps the much-needed oxygen-rich blood to the brain, lungs and vital organs.

With more cardiac arrests happening outside of the hospital each year, there are tremendous benefits both inside and outside of the workplace to learning CPR. It's a fact that the faster CPR is administered after a cardiac arrest, a person's chance for survival can significantly increase as much as twice or three times.

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## Arbill EHS Managed Services



**CPR training can provide an invaluable skill to your employees—even having a substantial effect on the ability to help save a co-worker's life before emergency personnel arrive.**

The fully integrated, remote skills verification system offers a blended training solution that includes: an online cognitive training course, scheduling a skills exam, shipping necessary components to and from the student or training location, peer-to-peer web-based video tool for remote skills assessment by a certified instructor, and issuing a certification all on one platform. The entire class can be started and completed in the comfort of your own home or office on your time. The certification issued for this course is the same certification you would receive if you chose a traditional or blended class.

**Arbill offers CPR, AED, First Aid and Bloodborne Pathogens (BBP) training courses in a format to fit your compliance needs, even with COVID restrictions in place, including:**

- **On-Site Training:** This 8-hour in-person, CPR/AED and First Aid with BBP Affected Worker class will deliver in-person coaching, guidance and skills. Certain restrictions may apply due to COVID-19 and our instructors will follow all recommendations provided by the CDC, state governments and company policies.
- **Remote Skills Verification (RSV) Training:** As result of COVID-19, remote classes offer the ability to train employees with the practical exercise requirements needed, while ensuring they stay safe and healthy.

**It's never too late to determine the right safety solutions for your team. Reach out today to speak with an Arbill Safety Advisor to learn more!**

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