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## START OFF EACH DAY WITH A SAFETY MINDSET.

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### INDUSTRY EXPERT ARTICLE

## Hand Injuries

The true cost to employees AND employers.



### Regarding specific body parts, back-related injuries were most prevalent followed by hand injuries and leg injuries.

Across all lost time cases due to injuries and illnesses, the median number of days lost per incident increased from 8 in 2019 to 12 in 2020.

#### Median days lost by select body parts:

- Head: 4
- Back: 9
- Foot: 13**
- Body system: 13
- Wrist: 15**
- Knee: 18
- Shoulder: 28

### Injuries and illnesses involving days away from work by body part in the private sector

All body parts: 1,176,340 Injuries and Illnesses (Click on Body Part Bubble to Select)

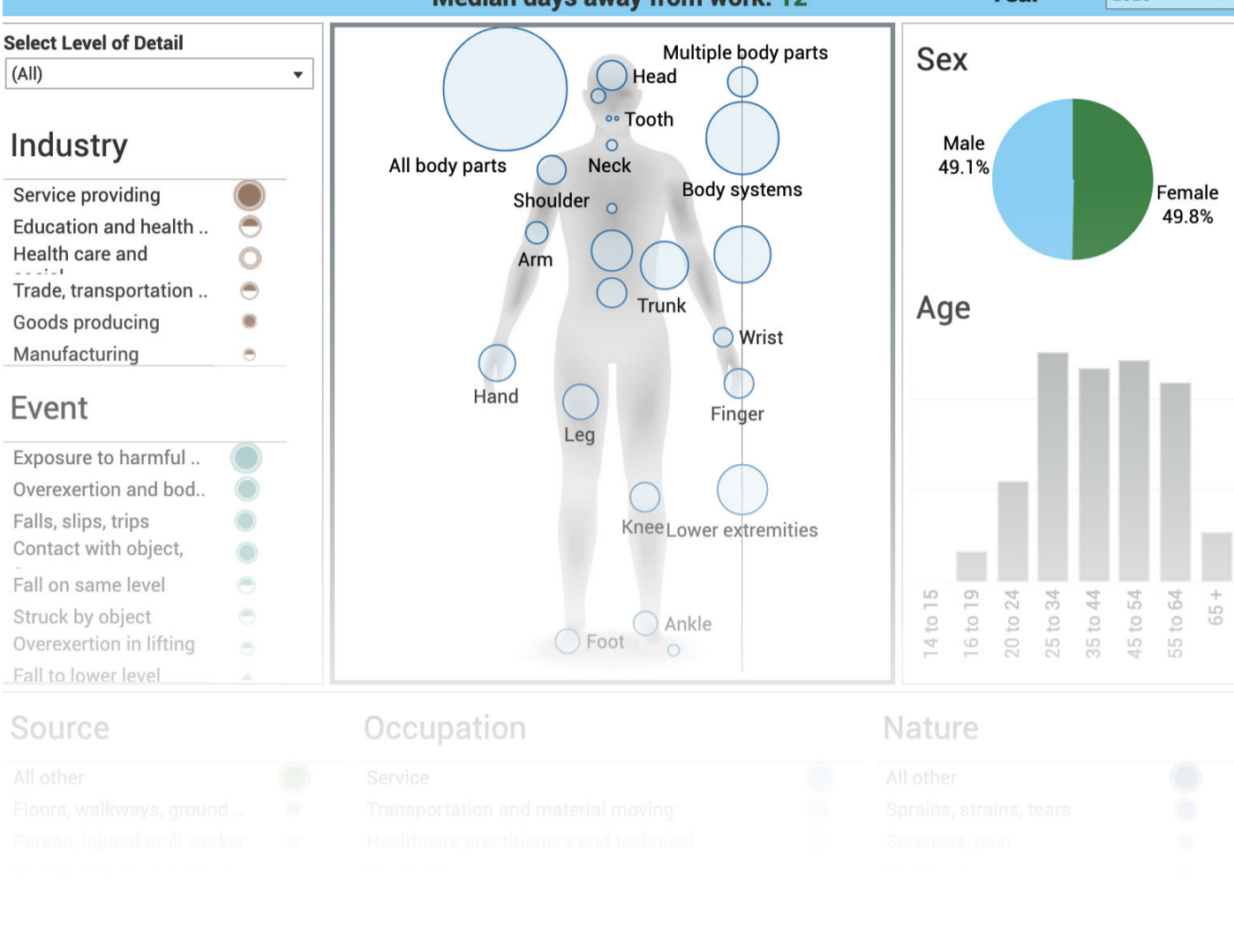


Image Source: National Safety Council

[LEARN MORE ON INJURYFACTS.NSC.ORG >](#)

### FROM OUR SAFETY BLOG

# Getting a Handle on Hand Safety

BY EHS EXPERT NICOLE SHEETS, CIH, CSP

When you jumped online to read this article, chances are you didn't have to stop and think about how you were going to navigate your keyboard.

What about when you buttoned your shirt, ate your breakfast or picked up your car keys this morning? Probably not. A hand injury can make the multitude of tasks that we take for granted a serious, if not impossible, challenge. Maybe for the short term, or perhaps, permanently.

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## Arbill

### EHS Managed Services



Arbill has the right EH&S tools to help keep your company in compliance and reduce lost time accidents. Whether you are looking to reduce injuries or ensure accountability, Arbill's SafetyCare offering will keep your employees safer every day.

Whether you require on-site or remote solutions, Arbill can tailor the right program to fit your needs.

- PPE & Site Assessment Consulting
- Ergonomics Training & Assessments

*It's never too late to determine the right safety solutions for your team. Reach out today to speak with an Arbill Safety Advisor to learn more!*

[Request Information](#)

ALL THE PRODUCTS TO KEEP YOU SAFE

@ ARBILL.COM

### Truline NFPA 70E Cat 4 Rated and ANSI A4 Gloves



#### Tactician 440

- Oil and water repellant goatskin leather glove features full 360° cut protection with back of hand TPR and palm padded impact protection.
- Arc flash rated glove

[Learn More](#)



#### Tactician 410

- Combines the best properties of goatskin with a cut and heat resistant shell that offers excellent dexterity.
- Drivers glove that features an aramid lining and hi-viz fingertips

[Learn More](#)

### Impacto Hand & Foot Protection



#### IMPACTO

##### BLACKMAXX Blade Glove

- Superior slash protection that minimizes fatigue to the hands, arms and shoulders caused by vibration.
- Ideal for use with vibrating tools such as sanders, grinders, chipping hammers, jackhammers and tools with sharp edges such as during metal or glass fabrication.

[Learn More](#)



#### IMPACTO

##### METGUARD Metatarsal Protector

The METGUARD fits all safety shoes/boots and is designed and tested to compliment steel cap footwear.

- Meets minimum impact resistance 75 lbs as specified in ASTM F2413/F2412 (ANSI Z41)
- Suitable for use in all workplaces and industries including Mining, Construction, Utilities, Manufacturing, Transport, Storage, Forestry, Retail trade & Warehousing

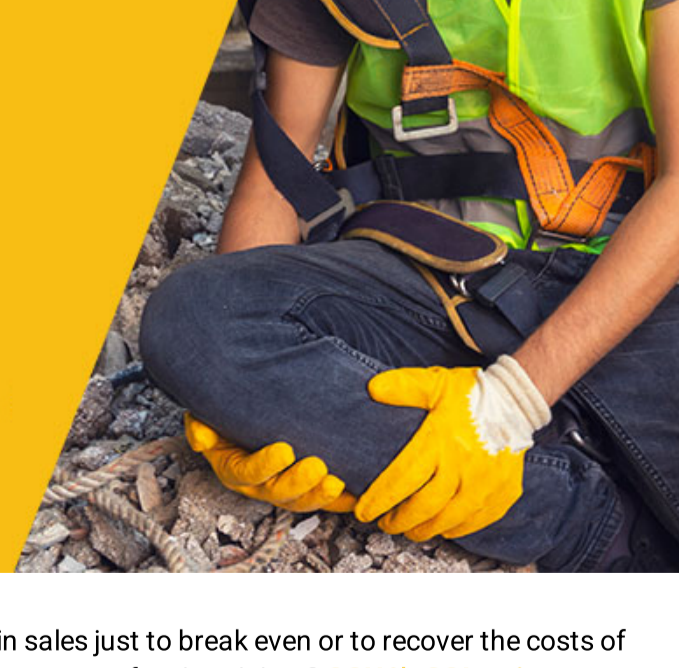
[Learn More](#)

### SAFETY TIP

## INJURIES COST BOTH THE EMPLOYEE & THE EMPLOYER.

For instance:

A single laceration injury with a direct cost of approximately \$21,000, a company will have to realize sales of over \$1.5M just to cover the total COI.



Do you know how much your company needs to make in sales just to break even or to recover the costs of an injury? Do you know how to calculate the direct/indirect cost of a given injury? [OSHA's COI estimator](#) can help you calculate these expenses.



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